



Natrona County High School
2019 Mustangs Youth Basketball Camp

June 12th – 14th
Shooting, Ball Handling,
Scoring and Defending Skills

Attend Camp for \$75

1pm-4pm for students entering 4th-8th grades

Abraham Lincoln said, “The best way to predict your future is to create it.” When you enroll in a Mustang Basketball Camp, our staff will teach you the skills that will help you become a better basketball player. You will receive nine hours of instruction on how to shoot a basketball off the catch and off the dribble. You will leave this camp with the knowledge of how to practice shooting for the rest of the summer, so that you can be a more confident and consistent shooter.

You will learn pivots, sweeps, and rips that combine into scoring moves on the court. Ball handling skills will be taught and combined to help players become hard to guard. You will learn how to score in numerous ways from a variety of spots on the court. The skills will be taught in progressions and series that can be built into workouts for you to use throughout the summer to become a more dynamic scorer! You will also be instructed in the defensive skills needed to become a stopper – positioning, close outs, ball pressure, defending penetration, walling up, and blocking out. Both offensive and defensive skills will be taught, practiced, and then applied in a wide variety of situations.

When you complete this nine-hour camp, you will have a better understanding of how to score from a variety of spots on the floor and how to play defense in a way that makes it hard for an offensive player to score. We are excited to have the opportunity to help you create your basketball future through your experience at Mustangs Basketball Camp!

2019 Mustangs Youth Basketball Camps

_____ June 12th – 14th Basketball Skills Camp - \$75
Cash or check payable to NC Boys' Basketball

Mail registration to: Natrona County High School
Attn.: Shawn Gillum
930 S. Elm St.
Casper, WY 82601

or sign up at the door

1pm-4pm at the NCHS MAC for students entering 4th-8th Grade

Name _____ Parents' names _____ Grade _____

Address _____ City _____ State _____ Zip _____

Cell or Home Phone _____ Parent's Phone _____ Shirt Size _____

Person to contact in case of emergency: _____

Relation: _____ Phone Number: (_____) _____ - _____

Does this camper take any medication (circle one): YES NO

If YES, please explain: _____

Any limitations, health issues, or allergies, please explain: _____

I am covered by my personal or family accident and illness insurance. My information is:

Company Name: _____

Policy Number: _____

Company Phone: (_____) _____ - _____

I hereby authorize the director of the Mustangs Basketball Camps to act for me according to their best judgment in any emergency requiring medical attention, and I hereby waive and release Natrona County School District, its schools, its employees, and any camp staff from any and all liability for any injuries inferred while at the camp. I understand that the violation of camp rules may result in dismissal from the camp with all tuition forfeited.

Signature: _____ Date: _____