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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DEDICATION STRENGTH FOCUS



BERSERKER'S BOXING YMCA OF NATRONA COUNTY

Berserkers boxing is a safe, family environment where everyone is welcome to come and learn boxing skills. Whether you're a novice who has never thrown a punch or someone who has fought competitively, we welcome all skill levels.

When

Boxing Fitness Class Mon-Thurs 5:30-6:30pm

Boxing Skill Training Mon-Thurs 6:30-7:30pm

Ages

We accept students ages 8 years through adult. Males and females welcome. Our lead boxer is a female with almost 30 fights and is a 4 time National Champion.

Where

Berserker Boxing meets in the small gym in the Casper Family YMCA building
315 E 15th Street

Cost

Boxing is free with your YMCA of Natrona County Membership.
A membership is required to participate.