

Natrona County School District

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

BREAKFAST K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)
Thu - 02/01/2018													
BREAKFAST K-5	Total	100											
Sausage, egg & cheese sliders	2 SLIDERS	60	150	35	280	2.00	1.80	100.0	100	0.0	8.0	21.0	4.5
Cereal assorted, WG toast	BOWL	40	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, fresh	1 EACH	100	73	0	0	2.87	0.25	18.4	112	36.68	0.82	18.17	0.39
Fruit juice assorted	.50 CUP	90	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	1 CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0
Weighted Daily Average			417	27	468	5.80	3.09	402.0	734	51.30	16.22	80.33	4.26
% of Calories											15.6%	77.1%	9.2%
Nutrient Guideline			350-500		540								

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)
Fri - 02/02/2018													
BREAKFAST K-5	Total	100											
Eggo mini french toast	POUCH	60	210	0	260	4.00	2.70	100.0	500	0.0	5.0	35.0	6.0
Cereal assorted, WG toast	BOWL	40	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, fresh	1 EACH	100	73	0	0	2.87	0.25	18.4	112	36.68	0.82	18.17	0.39
Fruit juice assorted	.50 CUP	90	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	1 CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0
Weighted Daily Average			453	6	456	6.99	3.63	402.0	974	51.30	14.42	88.73	5.16
% of Calories											12.7%	78.4%	10.3%
Nutrient Guideline			350-500		540								

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)
Mon - 02/05/2018													
BREAKFAST K-5	Total	100											
SAUSAGE, EGG, ON A BUN	1 EACH	45	400	165	575	3.00	1.80	330.0	200	0.0	16.0	29.0	25.5
Cereal assorted, WG toast	BOWL	55	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, fresh	1 EACH	100	73	0	0	2.87	0.25	18.4	112	36.68	0.82	18.17	0.39
Fruit juice assorted	.50 CUP	100	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	1 CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0
Weighted Daily Average			542	80	603	6.59	3.49	499.4	788	52.91	19.44	88.91	13.28
% of Calories											14.3%	65.6%	22.0%
Nutrient Guideline			350-500		540								

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Natrona County School District

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Base Menu Spreadsheet

BREAKFAST K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)
Tue - 02/06/2018													
BREAKFAST K-5	Total	100											
Eggo mini waffles	1 EACH	60	200	0	220	4.00	2.70	100.0	500	0.0	4.0	35.0	5.0
Cereal assorted, WG toast	BOWL	40	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, fresh	1 EACH	100	73	0	0	2.87	0.25	18.4	112	36.68	0.82	18.17	0.39
Fruit juice assorted	.50 CUP	100	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	1 CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0
Weighted Daily Average			453	6	433	6.99	3.63	402.0	974	52.70	13.89	90.20	4.56
% of Calories											12.3%	79.6%	9.1%
Nutrient Guideline			350-500		540								

Wed - 02/07/2018													
BREAKFAST K-5	Total	100											
Donut long john WG	1 EACH	50	250	0	360	3.00	1.44	20.0	0	0.0	5.0	28.0	13.0
Cereal assorted, WG toast	BOWL	50	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, canned	1 cup	100	136	0	16	2.00	0.29	16.0	500	15.6	0.8	34.4	0.0
Fruit juice assorted	.50 CUP	100	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	1 CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0
Weighted Daily Average			541	6	525	5.65	3.21	355.5	1077	31.76	14.47	103.87	7.84
% of Calories											10.7%	76.8%	13.0%
Nutrient Guideline			350-500		540								

Thu - 02/08/2018													
BREAKFAST K-5	Total	100											
Omelet, colby cheese wrap	1 EACH	50	206	195	453	0.50	17.46	640.0	*0	0.0	10.5	16.3	10.4
Cereal assorted, WG toast	BOWL	50	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, fresh	1 EACH	100	73	0	0	2.87	0.25	18.4	112	36.68	0.82	18.17	0.39
Fruit juice assorted	.50 CUP	100	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0
Weighted Daily Average			456	104	556	5.27	11.19	667.9	*690	52.84	17.24	81.79	6.92
% of Calories											15.1%	71.8%	13.7%
Nutrient Guideline			350-500		540								

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Natrona County School District

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Base Menu Spreadsheet

BREAKFAST K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)
Fri - 02/09/2018													
BREAKFAST K-5	Total	100											
Breakfast burrito	3.75 OZ	50	236	43	332	4.29	1.93	107.1	536	16.07	10.71	26.79	9.64
Cereal assorted, WG toast	BOWL	50	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, fresh	1 EACH	100	73	0	0	2.87	0.25	18.4	112	36.68	0.82	18.17	0.39
Fruit juice assorted	.50 CUP	100	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0
Weighted Daily Average			470	27	496	7.17	3.42	401.5	958	60.88	17.34	87.03	6.54
% of Calories											14.7%	74.0%	12.5%
Nutrient Guideline			350-500		540								

Mon - 02/12/2018													
BREAKFAST K-5	Total	100											
Hot cereal	3/4 CUP	60	150	0	7	4.00	1.80	7.1	5	0.0	5.0	27.0	3.0
Cereal assorted, WG toast	BOWL	40	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, canned	1 cup	100	136	0	16	2.00	0.29	16.0	500	15.6	0.8	34.4	0.0
Fruit juice assorted	.50 CUP	100	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	1 CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0
Weighted Daily Average			486	6	321	6.12	3.13	343.9	1065	31.62	14.47	101.63	2.97
% of Calories											11.9%	83.6%	5.5%
Nutrient Guideline			350-500		540								

Tue - 02/13/2018													
BREAKFAST K-5	Total	100											
EGGO MINIS PANCAKES	1 EACH	60	210	10	320	4.00	2.70	60.0	500	0.0	4.0	35.0	6.0
Cereal assorted, WG toast	BOWL	40	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, fresh	1 EACH	100	73	0	0	2.87	0.25	18.4	112	36.68	0.82	18.17	0.39
Fruit juice assorted	.50 CUP	100	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	1 CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0

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Base Menu Spreadsheet

BREAKFAST K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)
Weighted Daily Average			459	12	493	6.99	3.63	378.0	974	52.70	13.89	90.20	5.16
% of Calories											12.1%	78.6%	10.1%
Nutrient Guideline			350-500		540								

Wed - 02/14/2018													
BREAKFAST K-5	Total	100											
SAUSAGE,EGG/MUFFIN	1 EACH	50	380	165	585	1.00	2.88	100.0	200	0.0	13.0	27.0	25.0
Cereal assorted, WG toast	BOWL	50	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, canned	1 cup	100	136	0	16	2.00	0.29	16.0	500	15.6	0.8	34.4	0.0
Fruit juice assorted	.50 CUP	100	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	1 CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0
Weighted Daily Average			606	89	638	4.65	3.93	395.5	1177	31.76	18.47	103.37	13.84
% of Calories											12.2%	68.2%	20.6%
Nutrient Guideline			350-500		540								

Thu - 02/15/2018													
BREAKFAST K-5	Total	100											
Donut long john WG	1 EACH	60	250	0	360	3.00	1.44	20.0	0	0.0	5.0	28.0	13.0
Cereal assorted, WG toast	BOWL	40	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, fresh	1 EACH	100	73	0	0	2.87	0.25	18.4	112	36.68	0.82	18.17	0.39
Fruit juice assorted	.50 CUP	100	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	1 CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0
Weighted Daily Average			483	6	517	6.39	2.88	354.0	674	52.70	14.49	86.00	9.36
% of Calories											12.0%	71.2%	17.4%
Nutrient Guideline			350-500		540								

Fri - 02/16/2018													
BREAKFAST K-5	Total	100											
NO SCHOOL TODAY	SERVING	100	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%
Nutrient Guideline			350-500		540								

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Base Menu Spreadsheet

BREAKFAST K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)
Mon - 02/19/2018													
BREAKFAST K-5	Total	100											
NO SCHOOL TODAY	SERVING	100	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%
Nutrient Guideline			350-500		540								

Tue - 02/20/2018													
BREAKFAST K-5	Total	100											
Breakfast burrito	3.50 OZ	60	220	40	310	4.00	1.80	100.0	500	15.0	10.0	25.0	9.0
Cereal assorted, WG toast	BOWL	40	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, fresh	1 EACH	100	73	0	0	2.87	0.25	18.4	112	36.68	0.82	18.17	0.39
Fruit juice assorted	.50 CUP	100	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	1 CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0
Weighted Daily Average			465	30	487	6.99	3.09	402.0	974	61.70	17.49	84.20	6.96
% of Calories											15.0%	72.4%	13.5%
Nutrient Guideline			350-500		540								

Wed - 02/21/2018													
BREAKFAST K-5	Total	100											
Pork sausage/bun	EACH	60	320	30	450	3.00	1.08	310.0	0	0.0	12.0	28.0	18.5
Egg pattie, grilled	1 EACH	60	80	135	125	0.00	0.72	20.0	200	0.0	4.0	1.0	7.0
Cereal assorted, WG toast	BOWL	40	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, canned	1 cup	100	136	0	16	2.00	0.29	16.0	500	15.6	0.8	34.4	0.0
Fruit juice assorted	.50 CUP	100	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	1 CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0
Weighted Daily Average			636	105	662	5.52	3.13	537.6	1182	31.62	21.07	102.83	16.47
% of Calories											13.2%	64.6%	23.3%
Nutrient Guideline			350-500		540								

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Base Menu Spreadsheet

BREAKFAST K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)
Thu - 02/22/2018													
BREAKFAST K-5	Total	1040											
Bagel wheat 1/2	1/2 BAGEL	60	60	0	85	1.50	0.54	20.0	8	0.0	2.5	12.0	0.5
Cheese, cream 1 oz	1 OZ	60	100	35	105	0.00	0.00	20.0	300	0.0	2.0	1.0	9.0
Cereal assorted, WG toast	BOWL	40	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, fresh	1 EACH	100	73	0	0	2.87	0.25	18.4	112	36.68	0.82	18.17	0.39
Fruit juice assorted	.50 CUP	100	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	1 CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0
Weighted Daily Average			41	3	40	0.53	0.22	35.2	83	5.07	1.36	7.40	0.70
% of Calories											13.2%	71.8%	15.2%
Nutrient Guideline			350-500		540								

Fri - 02/23/2018													
BREAKFAST K-5	Total	100											
Eggo mini waffles	1 EACH	60	200	0	220	4.00	2.70	100.0	500	0.0	4.0	35.0	5.0
Cereal assorted, WG toast	BOWL	40	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, fresh	1 EACH	100	73	0	0	2.87	0.25	18.4	112	36.68	0.82	18.17	0.39
Fruit juice assorted	.50 CUP	100	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	1 CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0
Weighted Daily Average			453	6	433	6.99	3.63	402.0	974	52.70	13.89	90.20	4.56
% of Calories											12.3%	79.6%	9.1%
Nutrient Guideline			350-500		540								

Mon - 02/26/2018													
BREAKFAST K-5	Total	100											
French toast WG	SLICE	50	200	50	410	1.00	0.00	0.0	0	0.0	3.0	25.0	3.5
Syrup, breakfast	1 OZ	50	120	0	45	0.00	0.00	0.0	0	0.0	0.0	31.0	0.0
Cereal assorted, WG toast	BOWL	50	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, fresh	1 EACH	100	73	0	0	2.87	0.25	18.4	112	36.68	0.82	18.17	0.39
Fruit juice assorted	.50 CUP	100	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	1 CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Natrona County School District

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

BREAKFAST K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)
Weighted Daily Average			513	31	557	5.53	2.46	347.9	690	52.84	13.49	101.64	3.47
% of Calories											10.5%	79.3%	6.1%
Nutrient Guideline			350-500		540								

Tue - 02/27/2018													
BREAKFAST K-5	Total	100											
Hot ham & cheese/bun	1 EACH	50	291	54	728	3.00	0.36	310.0	0	0.0	18.97	29.0	12.49
Cereal assorted, WG toast	BOWL	50	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, fresh	1 EACH	100	73	0	0	2.87	0.25	18.4	112	36.68	0.82	18.17	0.39
Fruit juice assorted	.50 CUP	100	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	1 CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0
Weighted Daily Average			498	33	694	6.52	2.64	502.9	690	52.84	21.47	88.14	7.97
% of Calories											17.2%	70.8%	14.4%
Nutrient Guideline			350-500		540								

Wed - 02/28/2018													
BREAKFAST K-5	Total	100											
Cinnamon roll, 2.25oz frozen	1 EACH	60	190	15	290	3.00	1.80	40.0	100	0.0	5.0	34.0	5.0
Cereal assorted, WG toast	BOWL	40	196	0	289	4.30	4.41	59.0	155	1.44	5.0	44.4	1.67
Fruit, canned	1 cup	100	136	0	16	2.00	0.29	16.0	500	15.6	0.8	34.4	0.0
Fruit juice assorted	.50 CUP	100	63	0	15	0.00	0.00	0.0	0	14.0	0.67	14.67	0.0
Milk, white 1%	1 CUP	20	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5
Milk, chocolate fat free	1 CUP	80	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0
Weighted Daily Average			510	15	491	5.52	3.13	363.6	1122	31.62	14.47	105.83	4.17
% of Calories											11.3%	82.9%	7.4%
Nutrient Guideline			350-500		540								

Weighted Average			471	33	493	5.90	3.53	399.6	*878	45.05	15.42	87.90	6.90
											13.1%	74.6%	13.2%

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Natrona County School District

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

BREAKFAST K-5

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)						
Calories	471		350 - 500	100%										
Cholesterol (mg)	33													
Sodium 1 (mg)	493		540											
Sodium 2 (mg)	493		485						8	Correction Required - Sodium too High				
Fiber (g)	5.90													
Iron (mg)	3.53													
Calcium (mg)	399.6													
Vitamin A (IU)	878				Missing									
Vitamin C (mg)	45.05													
Protein (g)	15.42	13.09%												
Carbohydrate (g)	87.90	74.61%												
Total Fat (g)	6.90	13.17%												

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